

## CONTINUOUS PERSONAL DEVELOPMENT (CPD) LOG 2010

IDENTIFIED NEED	ACTION	DATES	OUTCOMES
<b>Ongoing Mentoring supervision to support working with coaching clients</b>	<ul style="list-style-type: none"> <li>• Monthly sessions with Mentor /Supervisor</li> </ul>	Monthly	<ul style="list-style-type: none"> <li>• Supervision</li> <li>• Specific case issues</li> <li>• Overall business development direction</li> </ul>
<b>Networking with other HR professionals; comparative benchmarking</b>	<ul style="list-style-type: none"> <li>• Self Employed Networking group every 6-8 weeks called "Demist"</li> <li>• 1-1 update meetings/Co-Coaching with Anne and John</li> </ul>	6-8 weekly  6-8 weekly	<ul style="list-style-type: none"> <li>• Networking group covers new topics at each session</li> <li>• Compare approaches</li> <li>• Pick up new tools/processes</li> </ul>
<b>Coaching networking</b>	<ul style="list-style-type: none"> <li>• Member of Oxford School of Coaching and Mentoring Network group</li> </ul>	Every 2 months	<ul style="list-style-type: none"> <li>• Group supervision</li> <li>• Ideas/issues in Coaching</li> </ul>
<b>Psychometric Training updates</b>	<ul style="list-style-type: none"> <li>• Quarterly meetings with Colour Works Associates</li> </ul>	Next in Dec. 08	<ul style="list-style-type: none"> <li>• Insights tools development</li> <li>• How other Practitioners are using it</li> </ul>
<b>QSE Share and Learn events</b>	<ul style="list-style-type: none"> <li>• Attend at least 2 a year</li> </ul>		<ul style="list-style-type: none"> <li>• Update on IIP</li> <li>• Latest developments in Advisory and assessments</li> </ul>
<b>Non Executive support</b>	<ul style="list-style-type: none"> <li>• Non Executive Trustee of Barley Hill School charity</li> </ul>	6 meetings a year	<ul style="list-style-type: none"> <li>• Trustee/non Executive perspective</li> </ul>
<b>Reading</b>	<ul style="list-style-type: none"> <li>• Read copies of People Management and E-Newsletters</li> <li>• Coaching reading</li> </ul>	Ongoing	<ul style="list-style-type: none"> <li>• Keep up to date on latest developments</li> </ul>